

COURAGE

Evaluate the Affordable Loss

Define the level of loss you are prepared to accept to pursue a new initiative.

When people reflect on their biggest regrets, they wish they could redo their inactions more than their actions. "In the long run, people of every age and in every walk of life seem to regret not having done things much more than they regret things they did," observed psychologists Tom Gilovich and Vicky Medvec. They summarize this regret: "The most popular regrets include not going to college, not grasping with profitable business opportunities, and not spending enough time with family and friends." Research reveals that people's greatest career regrets include some version of not taking initiative because they wanted to avoid risk.¹

Often, we don't know if taking a jump into the unknown will result in a favorable outcome. We may want to take a risk, though we don't want to take a crazy risk.

One way to mitigate risk is the concept of affordable loss. Its purpose is to define the level of risk we are prepared to take when exploring a growth opportunity. Answering the questions below will help you define the level of loss you are prepared to accept.

In this activity, pick a risk you are thinking of taking and ask yourself three questions:



- 1) Do you want it? If you are not intrinsically motivated, your risk is high. Innovation is hard work. We aren't likely to demonstrate adequate commitment if our motivation is shaky.
- 2) Do you have the means? If you do not have all you need, can you get by with what you have?
- 3) Is it within your affordable loss? If not, lower the risk.

Dubois, David (2015). "How to Increase Leaders' Moral Authority," INSEAD November 19, 2015, https://knowledge.insead.edu/leadership-organisations/how-to-increase-leaders-moral-authority-4372

